



# CLINICAL ASSISTANCE GUIDE

ASPIRE GABRIEL QUATTRO ACTION ZERO GRAVITY  
LIFT RECLINE CHAIR

# Aspire Gabriel Quattro Action Zero Gravity Lift Recline Chair

The Gabriel is Aidacare's newest luxury, electric lift and recline chair (ELRC) designed to provide optimum support and relaxation.

The 4-motors allow independent head tilt, back recline, lumbar adjustment and leg raise to enable the comfort of infinite positioning. Additional features of Zero Gravity, heat and Shiatsu-inspired massage elevate the functionality and benefits of this lift and recline chair.

The multifunction hand control combines individual adjustments of all movements, a heat function button and mode options and zoned control for the massage function. Intuitive Home and lift / recline buttons also provide simplified use.



## FEATURES

### Luxury four-motor lift and recline chair

- Provides infinite positioning for comfort and relaxation

### Individualised Adjustment Controls

- Multifunction hand control with separate buttons for the headrest, backrest, lumbar support and footrest, allowing users to fine-tune their seating position to achieve optimal comfort

### Shiatsu Inspired Air Massage

- The air massage system focuses on the lower thoracic to the sacral region of the back.
- It is designed for targeted relief and offers individual adjustments of 4 zones and 3 modes of massage to ensure maximum comfort and relaxation

### Integrated Footrest Extension

- The footrest extends as it raises, to support the lower leg and heel zone, ensuring a comfortable and supportive sitting position
- The footrest extension can be removed, if required, to support pressure care management of heels

### All-Day Battery Backup

- Ensures safety and user confidence during power outages

### Single Button Lift and Recline Control

- A single button provides a simplified way for the user to access full recline and full lift

### Adjustable Headrest

- The headrest provides tilt to support a kyphosis or various activities such as reading, watching TV, or simply for relaxing

### Zero Gravity Positioning

- Provides a sensation of weightlessness and helps alleviate compressive pressure in the lumbar spine area

### Handset-Controlled Seat Heating

- With the touch of a button, users can adjust the seat heating for a cosy warmth during winter and potential pain relief

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<b>USB A/C Charge Points</b>	<ul style="list-style-type: none"> <li>• Conveniently located within the armrest, integrated charging points allow users to conveniently power their devices and have them at hand</li> </ul>
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<b>User-Friendly Handset Buttons</b>	<ul style="list-style-type: none"> <li>• Large tactile handset buttons, enhanced with coloured back lighting, icons and text, assist users to easily identify and operate all the chair functions <ul style="list-style-type: none"> <li>- Separate intuitive buttons for headrest, backrest, lumbar and footrest functions</li> <li>- On/off button for heat</li> <li>- On/off button for massage</li> <li>- Mode button to select 3 colour-coded massage modes</li> <li>- 4 Zone buttons for selection of Shiatsu massage area/s</li> <li>- Home button to return all surfaces to an upright position; continued press and hold of the home button will lift the user into standing</li> <li>- Lift button for simplified raise and recline functions</li> </ul> </li> </ul>
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## IDEAL USER CONDITIONS

Those who may benefit from using the Gabriel 4-motor Electric Lift and Recline Chairs (ELRC) include:

- Older people and those with joint stiffness, reduced range of movement, weakness or pain who would benefit from the individualised adjustment of neck, back, lumbar and leg surfaces to support postural change for comfort, relaxation or to alleviate pain
- Older people and those who find it difficult or painful to:
  - Stand safely and independently without the risk of collapsing or overbalancing
  - Sit with control, from a standing position, without dropping into the chair
- People with neurological conditions who would benefit from postural support during sit-to-stand or stand-to-sit transfers e.g. people with:
  - Reduced flexibility to bring their weight forward to transfer
  - Muscle tremor
  - Affected muscle tone or control on one side of the body
  - Increased postural sway when standing
- Chair users who would benefit from the Zero Gravity function e.g:
  - People with a circulation problem that results in leg pain or swelling of the ankles
  - People with pain or poor circulation who find relief with postural change
  - People who fatigue easily
  - Those who would benefit from a day chair to assist with rest and relaxation to aid in fatigue management and energy conservation
- People with cardiopulmonary health conditions that are exacerbated with the effort of standing from a static chair
- Chair users who would benefit from the functions of a 4-motor ELRC and require a simplified handset
- Caregivers who physically assist the chair user with transfers

## Considerations

- Electric Lift and Recline Chairs come in single motor, space saving, dual motor, 3 and 4-motor designs
  - A single motor lift and recline chair has a simple, 2-button hand control which is easier to use for someone with cognitive impairment, however has a limited range of positioning
  - For single motor chairs, the back usually begins to recline when the legs are almost fully extended. Some models provide slight recline, whilst others will recline to a near flat position. A number of single motor chairs are also space saving, requiring less space to be left behind the chair for reclining, which is helpful for dwellings with limited circulation space
  - A dual motor lift and recline chair offers infinite positioning as the back and leg sections can be controlled independently of each other. This provides greater benefits for comfort, function, and postural change
  - Aidacare's Gold Range of 4-motor Lift and Recline Chairs offer additional support and comfort with independent headrest and lumbar support functions
  - In addition, the Gabriel provides the benefits of Zero Gravity, heat and Shiatsu style air massage
- The back of an ELRC chair should be positioned with sufficient clearance to avoid any obstructions, particularly behind the chair to allow recline. Suggested clearances for the Gabriel ELRCs are:
  - Gabriel Small - 500mm
  - Gabriel Large - 550mm
- The hand control is positioned for right-handed use as standard. It can be adjusted for left-handed use on request prior to delivery. If a carer controls the handset for the chair user to assist with transfers, consider which side is preferred by the carer

## SAFE USE REQUIREMENTS

The following precautions should be followed for safe lift chair operation and to prevent injury and/or product damage. Please read the User Manual for further information.

- Plug the power lead directly into the electrical outlet. Do not use an extension lead!
- Ensure that the cord does not create a trip hazard
- Position the external transformer on the floor in an open, well-ventilated area where it will not be an obstruction
- Do not place anything (e.g. a drinking glass) on top of or near the external transformer
- Keep all electrical components free from moisture at all times to prevent shock and/or electrical hazard
- If the external transformer box or hand control requires cleaning, unplug the power lead from the electrical outlet and use a clean, dry cloth or lightly dampened cloth. Dry completely before plugging the power lead back into the electrical outlet
- Periodically check the hand control and all power leads for visible damage
- Keep the hand control away from all heated surfaces
- Ensure the hand control is out of the way before sitting in the chair
- Be aware that the lift mechanism and scissor mechanisms are a pinch point on the lift chair. Keep the following items and similar objects clear of these points when operating the lift chair:
  - Hands; feet
  - Small children; Pets
  - Wires; Oxygen tubes; Electrical power leads
  - Loose items, including clothing and blankets

- Do not allow children to play on or operate the lift chair. Only the intended user should operate the lift chair
- Always leave the lift chair in an upright and closed position (with footrest retracted) when not in use
- Do not sit or stand on the footrest
- Do not 'drop' into the lift chair when sitting if it is in a partially raised position, this will damage the seating and void warranty

## CLIENT OUTCOMES

### Increased safety and independence and reduced falls risk

- An ELRC chair improves safety for people with joint stiffness, reduced range of movement, weakness or pain that makes it difficult or painful to stand safely or independently without the risk of collapsing or overbalancing e.g. users may:
  - be unable to bend their knee/s to assist with standing
  - have shoulder or wrist pain that limits their ability to push up from chairs to assist them to stand
  - have back pain that limits their ability to bend forward to assist standing
- The chair user is able to control their sit-to-stand or stand-to-sit transfers by raising the chair to a comfortable height. This may assist muscles to engage to enable standing and balance

### Improved positioning for comfort, pain management, circulation, postural change and pressure care

- The infinite positioning enables independent postural change to find a comfortable position
- The multiple seating positions can help people who spend a lot of time sitting in the chair to reduce the risk of pressure injury, improve circulation and provide optimum support for specific activities such as resting, reading, watching TV or eating
- Postural change is also enabled with independent sit-to-stand transfers to allow the user to stand and move. This can further assist in managing pressure care
- For people with a circulation problem that results in leg pain or swelling of the ankles elevating the legs may reduce pain and swelling. The Zero Gravity function aids circulation by enabling the ankles to be elevated above heart level

### Improved health and wellbeing

- For people who find sitting uncomfortable, a Lift and Recline chair may enable a person to find a suitable position to sit out of bed and join friends or family socially, reducing the need to stay in bed because they are unable to get comfortable
- Improved independence and control can have positive impacts on health and wellbeing
- The ability to recline may improve posture and aid diaphragmatic breathing

### Energy conservation and fatigue management

- Zero gravity, recline and leg raise functions enable resting in the chair rather than the need to, or effort of, returning to bed during the day
- Frequent rest breaks and change of posture may help with pacing and managing fatigue
- For people with cardiopulmonary health conditions that are exacerbated with effort of standing from a static chair - there is reduced effort required for sit-to-stand transfers. This enables to person to stand more easily promoting mobility and easier access to daily activities that could otherwise be daunting due to the effort required to stand

### Improved safety and reduced level of assistance required by formal and/or informal carers

- For carers with their own health conditions such as frailty, cardiac conditions or back pain, the lift function of the chair reduces the risk of injury to the carer from assisting the person they care for to stand
- Injury can be sustained by the chair user when being pulled out of a chair by a carer or from overbalancing and falling when trying to stand from a low chair
- Injury can be sustained by the carer from frequent, awkward or unpredictable manual handling when assisting the chair user to stand or sit e.g. the chair-user pulling on the caregiver's arm or the carer catching a person who is falling
- The caregiver does not need to remain close at hand to assist with chair transfers or to assist the person to return to bed when they need a rest
- An ELRC makes transfers easier by reducing the lifting the carer is usually required to do, therefore, minimising the risk of strain or injury. This may improve the sustainability of supports

## SPECIFICATIONS

### COLOURS

DARK GREY  
SMALL

EBONY  
LARGE

### FEATURES



Zero Gravity



Back Recline



Leg Recline



Power Lumbar



Power Headrest



Seat Heating



Shiatsu Roller Massage

CODE	Seat Height mm	Seat Depth mm	Seat Width mm	Backrest Height mm	Overall Height mm	Overall Height mm	SWL kg
Small - CHP227590	475mm	450mm	490mm	710mm	1100mm	850mm	150kg
Large - CHP227595	500mm	520mm	530mm	780mm	1170mm	900mm	155kg

**2 YEARS LIMITED WARRANTY**

## COMPLIANCE

EMC (Electro Magnetic Compatibility)  
Standard AS/NZS CISPR14.1:2021

## MAINTENANCE

### Fabric And Upholstery Care

- Inspect the fabric on a regular basis for any pulls, tears or gaps
- Fabric care instructions can be found on the tag under the headrest cushion

### Electronics Care

- Inspect all wiring harnesses to make sure they are not damaged or frayed.
- If damage is present, unplug the lift chair and contact your authorised Aspire Dealer for service.
- Keep all electronics free from moisture and temperature extremes.
- Aspire Lift Chairs are intended for indoor use only!

## AIDACARE KNOWLEDGE HUB

### Aidacare Website:

- [Aspire Gabriel Quattro Action Zero Gravity Lift Recline Chair | Aidacare](#)

### PDF Resources:

- [Aspire Gabriel Quattro Action Zero Gravity Lift Recline Chair Flyer](#)
- [Aspire Gabriel Quattro Action Zero Gravity Lift Recline Chair User Manual](#)